

Setting Goals for Personal and Professional Growth

A new school year means a new opportunity for personal and professional growth. What are the goals you want to set to move yourself forward? Think about skills you wish to master, relationships to build or strengthen, ways to improve your physical and mental well-being, and the steps you can take to launch a career you'll love.

✓ Fall



Academic Goals

So I can graduate on time



Professional Goals

So I can be successful after I graduate



Personal Goals

So I can take care of myself

✓ Spring



Academic Goals

So I can graduate on time



Professional Goals

So I can be successful after I graduate



Personal Goals

So I can take care of myself

✓ Summer



Academic Goals

So I can graduate on time



Professional Goals

So I can be successful after I graduate



Personal Goals

So I can take care of myself

